

# SNOW SPORTS LEVELS

## SKI LEVELS

- 
- 1** First time skier, or not yet able to stop on gentle slope
  - 2** Able to stop in a wedge, learning to turn in control on gentle slopes
  - 3** Able to make wedge turns on green terrain
  - 4** Able to make wedge turns on green and easy blue terrain, with a parallel finish
  - 5** Able to ski parallel most of the time on green and easy blue terrain
  - 6** Able to ski parallel consistently on blue and easy black terrain
  - 7** Able to ski parallel consistently, maintaining rhythm and speed control on groomed black terrain
  - 8** Able to ski with proper technique on all terrain and snow conditions

## SNOWBOARD LEVELS

- 
- 1** First time snowboarder, or requires hand assistance to stop safely
  - 2** Able to stop on either heel or toe edge
  - 3** Able to stop safely, mobile on toe-side and heel side edges (falling leaf), or able to complete an independent heel and toe turn on green terrain
  - 4** Starting to link turns on green terrain
  - 5** Able to consistently link turns and control speed on green and easy blue terrain
  - 6** Able to consistently link short radius turns on blue terrain, and able to link turns on easy black terrain
  - 7** Able to consistently link turns with rhythm and flow on all groomed black terrain, starting to carve on groomed runs and ride in powder
  - 8** Able to ride with proper technique and flow on all terrain and snow conditions, comfortable riding in the terrain park and in steeps, trees and off piste